

Weekly Prayer Plan – Resolving Conflicts

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Ephesians 4:31-32

Tuesday: Matthew 7:1-5

Wednesday: Matthew 18:15-20

Thursday: Proverbs 15:1-33

Friday: Proverbs 21:23

Saturday: 1 Peter 3:8-22

Sunday: Romans 12:9-21

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Bible Verses & Notes - Resolving Conflicts

Every now and then we will get into a conflict with another person. We need to know how to be mature and approach it the correct way so that we don't destroy a relationship or potential opportunity to share the gospel to someone. The Bible gives us a lot of tips on how to approach these situations and shows us how to handle them like mature Christians. We have to be able to speak the truth that is full of grace and show grace that is full of truth. Let's learn more and get into now.

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tender hearted, forgiving one another, as God in Christ forgave you. - Ephesians 4:31-32

These are all character flaws that when left uncontrolled they will damage relationships and escalate conflicts. If you hope to resolve any conflicts with friends, family or church members, these character flaws have to be dealt with in our own life first.

A soft answer turns away wrath, but a harsh word stirs up anger. - Proverbs 15:1

This is a very simple truth but very hard to follow. When you answer back anyone harshly the conflict will always escalate. It's not easy, especially when you think you are right, to give a soft reply. But ask the Holy Spirit to help you to do this.

"If your brother sins against you, go and tell him his fault, between you and him alone. If he listens to you, you have gained your brother. - Matthew 18:15

If you believe that a brother or sister has violated God's standards this verse gives us the instructions on how to deal with it. Address the sin privately first. If it doesn't change the behaviour then bring 2 or 3 other witnesses to address the situation with that brother/sister in Christ.

You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye. - Matthew 7:5

When we have a conflict with another person it's really easy to see their faults or where they are wrong. The hard thing to do is to examine yourself and see what your fault in that conflict is? Deal with yourself first and then see if the conflict is resolved.

Whoever keeps his mouth and his tongue keeps himself out of trouble. - Proverbs 21:23

It's challenging at times but someone needs to be the bigger person when there is a conflict. Oftentimes there are certain things that don't need to be said and you should just hold your tongue so the conflict doesn't escalate.

"Finally, all of you should be of one mind. Sympathize with each other. Love each other as brothers and sisters. Be tenderhearted, and keep a humble attitude. Don't repay evil for evil. Don't retaliate with insults when people insult you. Instead, pay them back with a blessing. That is what God has called you to do, and he will grant you his blessing."

1 Peter 3:8-9

I mentioned this a bit on the previous verse but someone needs to be the bigger person. Love each other as a family would. It's a sign of maturity when someone says something to you and instead of trying to get the last word, you hold your tongue in order to de-escalate the conflict. In fact this verse says to bless them instead of throwing back an insult.

Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, "I will take revenge; I will pay them back," says the Lord. Instead, "If your enemies are hungry, feed them. If they are thirsty, give them something to drink. In doing this, you will heap burning coals of shame on their heads." Don't let evil conquer you, but conquer evil by doing good. - Romans 12:19-21

Sometimes conflicts between people arise because they are just bad people. In these situations you shouldn't try to get back at them but leave it in God's hands. This verse tells us how. Don't be foolish and allow that person to harm you but try to find opportunities to serve that person and show them the love of Christ. When you do this it will burn them up on the inside. Leave it up to God to deal with the conflict or the injustice that that person did to you.