

Weekly Prayer Plan – Total Surrender

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Luke 1:26-38

Tuesday: Genesis 22:1-19

Wednesday: Romans 1:1-7

Thursday: Matthew 16:25

Friday: Matthew 16:24

Saturday: Matthew 26:36-46

Sunday: Matthew 16:25

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Bible Verses & Notes - Total Surrender

When you hear the word surrender it sounds almost like a negative thing. When a someone surrenders to the police they will end up in jail. When a soldier surrenders to the enemy they could become a prisoner of war. But when we surrender to God it's actually good for us. This is so because God loves us, has a good plan for us and wants to do us good. This is why we can surrender to God and allow him to have his way in our lives. Here are some examples of total surrender from the Bible that we can learn from.

*Mary responded, "I am the Lord's servant. May everything you have said about me come true." And then the angel left her. - **Luke 1:38***

When totally surrendering to Gods will it's impossible not to think about the repercussions that might come your way. Mary was not married to Joseph yet and probably thought about how being pregnant with Jesus would make her look to her fiancé and her community. Nonetheless, she surrendered and said "let Gods will be done". Lesson is, don't let the opinion of others stop you from submitting and surrendering to Gods will.

*This letter is from Paul, a slave of Christ Jesus, chosen by God to be an apostle and sent out to preach his Good News. - **Romans 1:1***

Paul's perspective shows that he fully accepted God working through him and he totally surrendered to the point that he thought of himself as a slave to Christ. He went on to write about 2/3 of the New Testament. Question that we need to ask ourselves is, are we slaves to Christ? Can Jesus work through us wherever He takes us?

*Some time later, God tested Abraham's faith. "Abraham!" God called. "Yes," he replied. "Here I am." "Take your son, your only son—yes, Isaac, whom you love so much—and go to the land of Moriah. Go and sacrifice him as a burnt offering on one of the mountains, which I will show you." The next morning Abraham got up early. He saddled his donkey and took two of his servants with him, along with his son, Isaac. Then he chopped wood for a fire for a burnt offering and set out for the place God had told him about. - **Genesis 22:1-3***

Abraham was willing to give up what he prayed for and waited a long time for. If God came to you and directed you to sacrifice something that you hold near to your heart. Would you, in an act of total surrender to God, give up that thing for God?

*Then Jesus told his disciples, "If anyone would come after me, let him deny himself and take up his cross and follow me. - **Matthew 16:24***

This is the call that every Christian has to go through. We have to say no to ourselves and what we want to do in order to experience the lordship and provision of Christ on earth.

*For whoever would save his life will lose it, but whoever loses his life for my sake will find it. - **Matthew 16:25***

This sounds counter intuitive but Gods ways are higher than the ways of the world. When you totally identify with Jesus and live according to his agenda, you will find abundant life. This only comes when you totally surrender your will to Gods will.

*"And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect." - **Romans 12:1-2***

These verses speaks about total surrender. Not only with our physical bodies and what we do. But also how we think. God wants us to be transformed in our thinking by reading the Word of God. This total surrender. And this has a promise that we will find Gods good perfect and pleasing will for our lives.

*Then Jesus left them a second time and prayed, "My Father! If this cup cannot be taken away unless I drink it, your will be done. - **Matthew 26:42***

This is the ultimate example of total surrender. As believers we know that Jesus died for us. Knowing that he had do it, he prayed and asked the father if it can be taken away. But at the end of his prayer he said "your will be done". And as a result all human kind had an opportunity to be in a relationship with God and have eternal life. Lesson here is, the bigger the challenge is for you to surrender, the bigger the blessing will be on the other side.