

Weekly Prayer Plan – The Broken Christian

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Isaiah 57:1-21

Tuesday: Psalm 34:1-22

Wednesday: John 3:22-36

Thursday: James 4:1-11

Friday: Psalm 51:1-19

Saturday: Galatians 2:11-21

Sunday: Matthew 5:1-12

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Bible Verses & Notes -The Broken Christian

I know it sounds like a bad thing but to be a broken Christian is actually the best possible place that you could be. Being broken means to have your will fully submitted to Gods will. Not being so stubborn that you always have to force your way in a given situation, but you have strength under submission to Gods will and under His control. Where he leads you follow. This is something that I believe all Christians need to learn. Have a listen to this episode. It will bless you.

The Lord is near to the brokenhearted and saves the crushed in spirit. - Psalm 34:18

The Lord's eyes see the broken-hearted and hears their heart. He rescues them from all troubles and grants them his peace.

The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise. - Psalm 51:17

This Psalm was written by David after he sinned with Bathsheba. God wants a broken spirit and a broken and contrite heart. You can never please God by outward actions (No matter how good) if your inward heart attitude is not right. Are you sorry for your sin? Do you really intend not to do it again? God is only please with this kind of humility and honesty before him.

For thus says the One who is high and lifted up, who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, and also with him who is of a contrite and lowly spirit, to revive the spirit of the lowly, and to revive the heart of the contrite. - Isaiah 57:15

This verse reminds us that even though God is high and exalted, he delights to dwell with the lowly and contrite. In this verse the word contrite can also be substituted for humble in heart or one having a repented heart.

"Blessed are the meek, for they shall inherit the earth. - Matthew 5:5

God's way of living usually contradicts the world. The world says that you have to have power and influence in order to dominate everything around you and under you. Gods word here says that meekness, which is strength under control, will cause you to inherit the earth. Meaning, you will gain more by being meek. As long as you remain independent and wild, you will never maximize God's intention for you. To be meek is to learn to submit your will to Gods.

I must decrease so that he must increase. - John 3:30

John's willingness to decrease here shows how submitted he was to God's will. A Christian who is broken will always submit and yield when the anointing of God shows up. Especially since John's ministry was doing so well. Because of some success, it could be a challenge for some people to decrease as the Holy Spirit directs then, when God is moving in another direction. A broken Christian yields to The anointing of the Holy Spirit.

Humble yourselves before the Lord, and he will lift you up. – James 4:10

To be humble involves working with his power according to his guidance and not our own independent effort. Being broken to our own will and submitted to His. We don't want to be independent of his power and ability.

But he gives more grace. Therefore it says, "God opposes the proud, but gives grace to the humble." - James 4:6

A broken Christian is not a prideful Christian. It's a humble Christian that accepts God's grace in their life. If you feel like God is opposing you it could mean that there is pride in your heart that needs to be dealt with. Once that pride is gone and your will is in submission to his, then He will be able to pour out his grace in your life and you will see results that He intends for you to have.

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. - Galatians 2:20

This is an example of meekness and being broken to the Will of God. Though we all have the ability to do what we want, we submit our will to God's so that He can work through us. Here Paul said that it was no longer him that lived but Jesus Christ that lived through him. He pictured himself as dead for Christ to live through him. Strength under control. This is a good example of what it means to be broken. Meaning, your will is completely submitted to God's.