

Weekly Prayer Plan – Life Lessons Learned Through the Kendrick Brothers Movies

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Romans 5:1-11

Tuesday: Psalms 128:1-4

Wednesday: Ephesians 5:21-30

Thursday: Romans 12:1-2

Friday: James 2:14-17

Saturday: 1 Corinthians 1:26-29

Sunday: Revelation 3:14-16

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Bible Verses & Notes

Life Lessons Learned Through the Kendrick Brothers Movies

The Kendrick Brothers exists to honor Jesus Christ and make His truth and love known among the nations. They have been making movies since 2003. They've created the movie Flywheel, Facing the Giants, Fireproof, Courageous, War Room and Overcomer. At the time when this episode is being released they have just released a new documentary styled movie called "Show Me the Father". Everyone has a unique father story. Whether positive or painful, it's always personal and can deeply affect the core of our identity and direction of our lives. This movie features a variety of amazing true stories, that will take you on an inspiring and emotional journey providing a fresh perspective on the roles of fathers in today's society. You are guaranteed to learn something to help you become closer to what God called you to be. Today I'm going to go over a few of the scenes from the movies the Kendrick brothers created and highlight some amazing life lessons that I've learned from them.

Fireproof 2008

This movie is set in Albany, Georgia, Caleb and Catherine Holt are the main characters, their marriage is in crisis and they decide to divorce. However, Caleb's father proposes that his son should delay their separation for 40 days and follow a procedure called "The Love Dare" to reignite their love.

I'm this scene that I got this lesson from, Caleb talking with his dad and letting him know about the problems he's having in his marriage. Here are the life lessons from this scene in this movie.

- The same way that God show us love over and over while we rejected him is the same way that we are expected to love our spouse. The love we show to our spouse is not based on anything they do or don't do. It's unconditional. We are required to love weather someone deserves it or not.

*"But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.
- Romans 5:8 NIV*

- You can't give what you don't have. We need to accept God's love for us first. It's by accepting God's unconditional love that we can then grasp and understand how to show that love to others.

"We love because he first loved us." - 1 John 4:19 NIV

- Men are to be the initiators of love in the marriage and household. It's absolutely hard for a man to do. Especially when we feel like we are right about something or being disrespected. Men are like to be Jesus to our wives.

"Husbands, love your wives, just as Christ loved the church and gave himself up for her" - Ephesians 5:25 NIV

Husbands, go all out in your love for your wives, exactly as Christ did for the church—a love marked by giving, not getting. - *Ephesians 5:25 MSG*

<https://youtu.be/syiAlrkDK8>

Courageous - 2011

In this movie, Sheriff's deputy Adam Mitchell goes through a terrible personal tragedy that causes him to question what is really important to him. Taking comfort in his relationship with God, Adam vows to become a better parent to his teenage son, and convinces his friends on the police force to sign a pledge that they will all strive to become better Christians and better fathers.

- Fathers have a huge role in their families. Today there are too many single mothers out there trying to raise children on their own. Men have a very specific role that only they can play. They are to lead the house with their obedience to God. This allows his blessing to flow to the household. They are responsible for teaching their children the things of God. They are also responsible for watching over what comes into their house (both natural or spiritual threats) and root it out when they discern it isn't right for the family.

“Blessed are all who fear the Lord, who walk in obedience to him. You will eat the fruit of your labor; blessings and prosperity will be yours. Your wife will be like a fruitful vine within your house; your children will be like olive shoots around your table. Yes, this will be the blessing for the man who fears the Lord.” - **Psalms 128:1-4 NIV**

Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord. - **Ephesians 6:4 ESV**

“The Lord God took the man and put him in the Garden of Eden to work it and take care of it.” - **Genesis 2:15 NIV**

https://youtu.be/w_ympKXmC6c

Facing the Giants - 2006

This is the story of a football coach for a school team that has not been performing well for a number of seasons consecutively and he is forced to change his strategy in order to keep his job. Besides his challenge at work, Grant (who is the main character) is also faced by financial and domestic challenges. He is forced to put up with his old car that keeps breaking down and has no money to buy a new one. He also discovers that he has a reproductive problem that has resulted in his wife, not being able to conceive.

- Your actions will always follow your beliefs. In one scene in the movie, Grant Taylor was acting defeated, without hope and like he didn't have a relationship with the Almighty God. God had to speak prophetically to him through someone else to encourage Grant to prepare for what God was about to do. Oftentimes we want God to do something in our lives but we don't do the natural or practical things to prepare to receive that blessing. If you are believing God for something, make sure you do the practical, natural things first so that you can receive that blessing when God is ready to deliver it.

“What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? Suppose a brother or a sister is without clothes and daily food. If one of you says to them, “Go in peace; keep warm and well fed,” but does nothing about their physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead.” - **James 2:14-17 NIV**

So put actions behind what you are believing God for.

<https://youtu.be/WAxwS8KyMQQ>

War Room - 2015

This movie highlights the importance in preserving in praying over your family, job, household, and why you can't be an occasional Christian. We are in a battle against the devil and we can't let our guard down for a moment. Today, some Christians think that just going to church on a Sunday satisfies God's requirement for being Christian. It does not. God wants all of us.

- In this scene Miss Clara is trying to sell her house and started working with Elizabeth. They are just having a cup of coffee and talking about stuff when the topic of Elizabeth's prayer life comes up. She gives a lukewarm answer and Miss Clara gives her an illustration on how that feels to God by giving her a lukewarm cup of coffee. And obviously she couldn't drink it.

"I know your deeds, that you are neither cold nor hot. I wish you were either one or the other! So, because you are lukewarm—neither hot nor cold—I am about to spit you out of my mouth."
- Revelation 3:15-16 NIV

"Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." - **Romans 12:1-2 NIV**

God wants all of you. Every day so he can change your entire life for the better and do amazing things through you.

<https://youtu.be/6jfOQ4-whSI>

Overcomer 2019

Now of the themes that I can take from this movie is how God uses the least likely people to accomplish great things.

- First there is a basketball coach named John that had to give up coaching his team and coach a new sport that he knew nothing about and only has one person on the team. Secondly a young girl named Hanna who's lives with her grandmother is a cross country runner, has asthma, has a moral issues that need to be worked out. Thirdly, a blind man who is bed ridden in the hospital becomes the person who is able to help Hanna compete for the state championship cross country race.

"But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong." - 1 Corinthians 1:27 NIV

- Another life lesson we see throughout this movie is how God ordained our steps to fulfill his ultimate purpose. I'm not going to give away what happens in the movie, but I encourage you to watch it and see for yourself how powerful this is.

"The steps of a [good and righteous] man are directed and established by the Lord, And He delights in his way [and blesses his path]." - Psalms 37:23 AMP