

Weekly Prayer Plan – Biblical Perspective on Life

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Ephesians 2:1-10

Tuesday: Galatians 6:7:10

Wednesday: Hebrews 11:24-26

Thursday: 2 Corinthians 10:4-6

Friday: Matthew 5:43-45

Saturday: Isaiah 55:8-9

Sunday: Romans 12:19-21

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Notes & Bible Verses - Biblical Perspective on Life

Our perspective on life is determined by what we have learned over the course of our lives. If someone has experienced war, fighting and inequality then the perspective that they have throughout their life will reflect that. As believers it's important for us to live our lives with a biblical perspective or Christian world view in order to grow and mature as God intends us to. So today I'm going to go over a few verses that will help us to have the correct biblical perspective on life.

We are seated with Christ

And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. - ***Ephesians 2:6-7 NIV***

God relocated us to sit with Christ Jesus when we accepted Him as our saviour. This is how we have access to all our spiritual privileges and it is given to us through Gods grace. As we live our lives we need to remember where we are seated and know that we have so many privileges because of it. Maybe I'll do a future episode on our privileges that we have being seated with Christ. Subscribe.

When you have a need, give.

"Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you." - ***Luke 6:38 NIV***

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers. - ***Galatians 6:9-10 NIV***

This is a spiritual principle that never fails. Whatever you sow, you will also reap. It will also be multiplied back onto you. So if there is a need in your life, you can sow a seed and give something to someone else. Do good towards others and it will be done back onto you.

Pleasure of sin are only for a moment

By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. He chose to be mistreated along with the people of God rather than to enjoy the fleeting pleasures of sin. - **Hebrews 11:24-25 NIV**

Moses realized that sin, though it may be pleasurable, it only last for a moment and always comes with negative consequences. As believers we all need to remember that sin only makes you feel good for a moment. Then guilt, condemnation and shame start to flood your emotions immediately after. This is the devils plan to cause you to feel like you are not worthy of Gods love. Remember, the pleasures of sin are only for a moment, then the negative consequences will last a lot longer after that.

Hold on to the promises of God

So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised. - **Hebrews 10:35-36 NIV**

God always keeps his promises. But first we need to make sure that we do his will. Your obedience is required to receive Gods promises. As you are walking obediently, keep the promise in the forefront of your mind so you can stay focused on completing Gods will. Don't abandon your faith in hard times or persecution. God will richly reward you.

Set your mind on heavenly things

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal. - **2 Corinthians 4:17-18 NIV**

Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. - **Colossians 3:1-3 NIV**

By faith we understand that the universe was formed at God's command, so that what is seen was not made out of what was visible. - **Hebrews 11:3 NIV**

It's really hard to comprehend this. But everything that you can see is temporary and is subject to change at any moment. I would challenge you to find something that proves that statement false. The things that you cannot see are things that remain forever. An eternal perspective gives believers the ability to handle the struggles of this life. So have confidence in the permanence of the things you cannot see that have been written in the bible.

Gods ways and thoughts are higher than ours

“For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord. “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts. - *Isaiah 55:8-9 NIV*

Gods perspective is not our perspective. He knows everything and we can't even conceive how much that actually is. This is why Gods ways are higher than our ways. He's just operating with way more information than we are. So we shouldn't question God when things happen to us.

Words have creative power

The tongue has the power of life and death, and those who love it will eat its fruit. - *Proverbs 18:21 NIV*

Through our tongue we have the ability to create. Just as God spoke in Genesis 1 and created the universe so to we have that ability. We are made in his likeness and his image. Be careful the words that you release from your mouth. You will create any situation in your life that you repeat over and over with careless words.

There is an ongoing spiritual battle

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. - *Ephesians 6:12 NIV*

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete. - *2 Corinthians 10:4-6 NIV*

If you don't think there is a devil coming after you, you've already lost the battle. The battle the enemy is waging against us is to block the knowledge of the God from penetrating the minds and lives of people. If the enemy can keep people from knowing the truth about all we have in Jesus that he is winning the battle. When you are truly following God and his word, you will take every thought captive and make it obedient to the word of God. This means to measure up that thought against the Word. And if it's against the word of God, don't meditate on it.

Love your enemy

"You have heard that it was said, 'Love your neighbor and hate your enemy.' But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. - **Matthew 5:43-45 NIV**

Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord. On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head." Do not be overcome by evil, but overcome evil with good. - **Romans 12:19-21 NIV**

To love your enemies is to reflect the character of our Heavenly Father. By loving and praying for our enemies we can overcome evil with good. It's important to forgive for a few reasons.

1. Forgiveness may break a cycle of retaliation.
2. It may make the enemy feel compelled to change their ways.
3. Repaying evil hurts you as much as it hurts your enemy.

Even if your enemy never repents, by forgiving them it frees you from the heavy load of bitterness.

Every challenge will make you better

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. - **Romans 8:28 NIV**

By having the perspective that God will work out everything for good we can be confident that there will be some good that comes out of even bad situations. During these uncomfortable bad situations we need to pray and ask God what is he trying to show us or help us to learn so

that it can work out for good. You too should face every situation like this so that you can grow and receive what God intends for you to have.