

Weekly Prayer Plan – Gods Favour

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Psalm 5:1-122

Tuesday: Genesis 39:1-23

Wednesday: Psalm 90:1-17

Thursday: Proverbs 16:1-33

Friday: Psalm 84:1-12

Saturday: Exodus 33:12-23

Sunday: Exodus 3:1-22

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Gods Favour

The word favour means to feel or show approval or preference toward. When Gods favour is over your life it means doors open when they aren't supposed to. It means thousands of people apply for the job but you're hired even though you are not the most qualified. God favour means that everywhere you go, things are always working out for your benefit. This is what Gods favour is all about.

For you bless the righteous, O Lord; you cover him with favor as with a shield. - Psalm 5:12

As you are praying for Gods favour you can visualize a shield that is around you from every side. And no matter where you go, anything or anyone that comes in contact with that shield around you shows you favour. Believe that as you pray this at the beginning of each day.

Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands! - Psalm 90:17

When you are starting out to do any task or project, it's important to ask for Gods favour to be upon you. When you pray for this then you will see that God will establish the works that you are doing and cause you to be successful as long as you are in His will.

For the Lord God is a sun and shield; the Lord bestows favor and honor. No good thing does he withhold from those who walk uprightly. - Psalm 84:11

As you pray for Gods favour in all that you do, know that it's His will to bless you with good things. He doesn't want to withhold anything that is good for you. His favour will allow his blessings to enter your life.

"My son, do not forget my teaching, but keep my commands in your heart, for they will prolong your life many years and bring you peace and prosperity. Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man. - Proverbs 3:1-4 NIV

One of the most simplest ways to see Gods favour in your life is to follow Godly principles. Obedience to Gods word brings favour. It causes prosperity, peace and good results in your life. In addition to that, you will have a good name in Gods sight and with other people.

And Jesus grew in wisdom and stature, and in favor with God and man. - Luke 2:52 NIV

Everyday our goal should be to grow. Not only physically, but emotionally, spiritually, intellectually among other areas in our lives. When we can grow and develop all these areas in our lives the result is that you will have favour with God and men.

When his master saw that the Lord was with him and that the Lord gave him success in everything he did, Joseph found favor in his eyes and became his attendant. Potiphar put him in charge of his household, and he entrusted to his care everything he owned. From the time he put him in charge of his household and of all that he owned, the Lord blessed the household of the Egyptian because of Joseph. The blessing of the Lord was on everything Potiphar had, both in the house and in the field. - Genesis 39:3-5 NIV

When God's favour is on you, it doesn't matter where you are. Here we see that Joseph was a slave Gods favour still caused him to have good success to the extent that he was noticed by his master. In addition to that Potiphar put him at the head of his household. Once Potiphar did this, his entire household was blessed. You can expect to have the same impact when Gods favour is on your life. You boss and your company or whoever you work for will be blessed because of Gods favour on you.

How will anyone know that you are pleased with me and with your people unless you go with us? What else will distinguish me and your people from all the other people on the face of the earth?" And the Lord said to Moses, "I will do the very thing you have asked, because I am pleased with you and I know you by name. - Exodus 33:16-17 NIV

Moses wanted assurance that Gods presence would be with him as he moved forward. When Gods presence is with you, the hinge will work out favourably towards you as long as you remain in his will. In this passage Moses was asking for Gods presence so that there will be a distinction on him and the Israelites.

So I will stretch out my hand and strike the Egyptians with all the wonders that I will perform among them. After that, he will let you go. "And I will make the Egyptians favorably disposed toward this people, so that when you leave you will not go empty-handed. Every woman is to ask her neighbor and any woman living in her house for articles of silver and gold and for clothing, which you will put on your sons and daughters. And so you will plunder the Egyptians. - Exodus 3:20-22 NIV

Gods favour is so powerful that it will cause your enemies to be a blessing to you. The Egyptians were so glad that the Israelites were going that they sent them out with gifts. These items were used to make the tabernacle in Exodus 35.

In the light of a king's face there is life, and his favor is like the clouds that bring the spring rain.
- Proverbs 16:15

There are certain people who have influence in this world and we should be discerning who these people are in our lives. I'm not saying that we should worship these people, but what I'm saying is that we should recognize who these people are in hopes that God will touch their heart so they will deal with us favourably. In this verse the spring rain means that it brought fresh life and prosperity because the spring rain was associated with a persons produce or crops planted.