

Weekly Prayer Plan – Breaking out of Apathy

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Proverbs 24:33-34

Tuesday: Revelation 3:14-22

Wednesday: Ephesians 5:15-20

Thursday: Proverbs 15:19

Friday: Jeremiah 29:24-32

Saturday: Matthew 25:14-30

Sunday: Isaiah 55:1-13

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Bible Verses & Notes - Breaking out of Apathy

Apathy is defined as a lack of interest, enthusiasm, or concern. Can you imagine living your life without being interested in doing anything, having no enthusiasm or concerns? Living an apathetic life is not the will of God for you and I can say that with confidence because I know that God wants you to at least be concerned and interested in growing in the things of His Kingdom and also many other areas of your life. Today we're going to talk about breaking out of a life of apathy.

So, because you are lukewarm, and neither hot nor cold, I will spit you out of my mouth. - Revelation 3:16

The church of Laodicea had become lukewarm. The believers didn't stand for anything and indifference had led to idleness. By neglecting to do anything you risk becoming self-satisfied and hardened in your heart to try to do anything. The lukewarm person doesn't set any goals, doesn't want to go after anything in life and sets no greater expectations than where they are. They just follow the currents of the world. This is dangerous because when anything goes, there are no boundaries. And boundaries keep you focused.

Making the best use of the time, because the days are evil. - Ephesians 5:16

By Paul saying "The days are evil" he was communicating his sense of urgency because of evil's pervasiveness. We need the same sense of urgency today because our days are also difficult. Don't waste your life. What opportunity is God giving you that you can maximize your potential?

The way of a sluggard is like a hedge of thorns, but the path of the upright is a level highway. - Proverbs 15:19

The path of the upright and diligent doesn't always look easy but when you look at the alternatives it is better to face the challenges head on. The person who is living an apathetic life is too lazy to face these challenges and will pay for them in the long run.

Whatever your hand finds to do, do it with your might, for there is no work or thought or knowledge or wisdom in Sheol, to which you are going. - Ecclesiastes 9:10

Live for today. Now I'm not saying that you should be neglecting your responsibilities. Yes, you need to plan for tomorrow. But since you don't know what tomorrow will bring, enjoy the

legitimate pleasures of each day to the fullest. As it says in 1 Tim 6:17 - "God richly provides us with all things to enjoy". The only thing that we need to watch out for is enjoying these things independent of Him. The person who is stuck in an apathetic life does not want to risk doing anything that requires any effort. It can boarder on laziness.

A little sleep, a little slumber, a little folding of the hands to rest, and poverty will come upon you like a robber, and want like an armed man. - Proverbs 24:33-34

This is probable the verse that you came to see. It's really self explanatory. Just like a robber would sneak up to attack, poverty awaits the person who is lazy in their approach to making provisions for life. Sleep is important to function but if you are sleeping when you should be doing something productive with your time you will one day wake up and realize that you wasted all that time.

Seek the Lord while he may be found; call on him while he is near. - Isaiah 55:6 NIV

Isaiah tells us to call on the Lord while he is near. God is not planning to move away from us, but we often move far from him or direct a barrier between ourselves and him. Don't wait until you have drifted far away from God to seek him. Turning to God later in life may be very difficult or Jesus may return before you have an opportunity to do this. Seek God now before it's too late.

Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. - Jeremiah 29:12-13 NIV

God can be sought and found when we seek for him wholeheartedly. Don't allow laziness or procrastination keep you from a regular routine of seeking God daily.

"So take the bag of gold from him and give it to the one who has ten bags. For whoever has will be given more, and they will have an abundance. Whoever does not have, even what they have will be taken from them. And throw that worthless servant outside, into the darkness, where there will be weeping and gnashing of teeth." - Matthew 25:28-30

Remember that God is looking at what you have been given and if you have been a good steward with it. This includes your time. Make good use of your availability time every day to seek out his purposes and do his will. He will eventually come back to judge you on what you did with what you were given and he expects increase or multiplication of what has been given to us.