

# Weekly Prayer Plan – Contentment

## How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: \_\_\_\_\_

Place: \_\_\_\_\_

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

*God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.*

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

*When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.*

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

*Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.*

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

*We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.*

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

*Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.*

**Read through the scripture passages for today as listed below:**

Meditational Verses

Monday: Hebrews 13:1-14

Tuesday: Philippians 4:10-20

Wednesday: 1 Timothy 6:1-10

Thursday: Luke 12:13-34

Friday: Proverbs 16

Saturday: Matthew 6:19-34

Sunday: Isaiah 26:1-19

**Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.**

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

*We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.*

# Bible Verses & Notes - Contentment

Contentment is a very important character trait that we all should have. Without it we would never be satisfied, and always want more and more. Contentment a state of happiness and satisfaction. It's when you can look at all that you have or accomplished and say "thank you Lord for all that you've don't in my life". As we begin the year of 2021, we all set goals and hope to accomplish great things, but we need to remember to be content where we are and give thanks.

*I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. - **Philippians 4:10-12***  
**NIV**

Contentment means being satisfied and the rest about where God has you despite what's happening around you. It's not natural or automatic. It must be learned. God teaches us contentment through the ups and downs of changing circumstances. He wants us to learn to depend on him and his divine enabling no matter what the circumstances.

*Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you." - **Hebrews 13:5*** **ESV**

Money itself is not bad. Rather the love of money leads to character corruption's like greed covetousness and discontentment. Instead of wanting to acquire money to get things in life, we need to remember that God said that He will never leave us or forsake us. This is where we find our security. Not in possessions.

*Now there is great gain in godliness with contentment, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content. - **1 Timothy 6:6-8***

This statement is the key to spiritual growth and personal fulfilment we should honour God and centre our desires on him and we should be content with what God is doing in our lives. Contentment is being at ease where you are and being thankful for what you have. Contentment doesn't mean complacency rather it's a learning to be satisfied until God gives you more.

*And he said to them, "Take care, and be on your guard against all covetousness, for one's life does not consist in the abundance of his possessions." - **Luke 12:15***

Greed appeals to people from all walks of life regardless of income or social status. Be careful that material possessions do not take priority over your spiritual pursuit remember life does not consist of an abundance of stuff.

*And my God will supply every need of yours according to his riches in glory in Christ Jesus. - **Philippians 4:19***

We can trust that God will always meet our needs. Whatever we need on earth he will always supply. This is why we can be content in any situation because we know in our hearts that God will provide.

*You keep him in perfect peace whose mind is stayed on you, because he trusts in you. - **Isaiah 26:3***

We can never avoid strife in the world around us but with God we can know perfect peace even in when everything around us is trying to entice us to want more, give all our attention on material things and to get us to spend our money. Keep your mind on God and he will keep you in perfect peace in this world.

*"Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also. - **Matthew 6:19-21 NIV***

Now what this verse is saying is we should put more emphasis on what we do for God's kingdom then what we acquire here on earth. The things that we can acquire on earth are all temporary and will eventually be destroyed. But the things that we do for God's kingdom are eternal and last forever. And your perspective on these two approaches will determine what's in your heart.

*Better is a little with righteousness than great revenues with injustice. - **Proverbs 16:8***

As we continue to grow and if we do acquire material possessions or wealth in our lives there is a temptation that we all have to overcome which comes with wealth and it is corruption. There are many great people who start out with good intentions but fail the test of integrity and allow greed and corruption to enter their lives. as they pursue wealth and material possessions and it

corrupts their soul. God will test us with little first before he allows more to come into our lives. His main goal is for us to be saved and stay in a relationship with him.