

## Weekly Prayer Plan – Joy That Remains

### How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: \_\_\_\_\_

Place: \_\_\_\_\_

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

*God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.*

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

*When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.*

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

*Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.*

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

*We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.*

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

*Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.*

**Read through the scripture passages for today as listed below:**

Meditational Verses

Monday: Psalm 16

Tuesday: Psalm 118

Wednesday: John 15

Thursday: Romans 15:1-13

Friday: Psalm 4

Saturday: Psalm 5

Sunday: Psalm 51

**Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.**

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

*We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.*

## Joy That Remains – Faith Fight Podcast

Bible verses about joy can help Christians who may be going through a difficult season and serve as a reminder of the calm happiness through faith in God. The truth is that Joy is based on Jesus and all that God has done for you. If you are firmly planted in God, then you will have joy that remains. So let's get into this episode to see how to have that joy.

*May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. - **Romans 15:13 ESV***

In order to understand this verse you have to read Romans 15:9-12. Paul was trying to communicate that God has always desired for all the peoples to praise him together. A by-product of praise and corporate worship is God's joy will filling your hearts.

*You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore. - **Psalms 16:11***

Both in history and in eternity, there is unfathomable joy in God's presence. Believers must make living in God's presence and anticipating an eternal future with him a way of life.

*This is the day that the Lord has made; let us rejoice and be glad in it. - **Psalms 118:24***

The ending of this chapter speaks about the stone that the builders rejected but that God selected. This imagery was fulfilled in Jesus. It is for this reason that we can rejoice in the day that God has given us. Even if man rejects us, we are still chosen by God to accomplish a specific work. This is reason to rejoice and be glad every day.

*Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, for you are receiving the end result of your faith, the salvation of your souls. - **1 Peter 1:8-9***

Rejoicing in Christ means thanking and praising him because you are receiving the goal of your faith, which is salvation.

*If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you. - **John 15:10-12***

Joy is internal stability in spite of external circumstances because of the knowledge that God is in control. It is a settled assurance and quite confidence in God's sovereignty that results in the decision to praise him.

*You have put more joy in my heart than they have when their grain and wine abound. - Psalm 4:7*

Two kinds of Joy are contrasted here. Inward joy that comes from knowing and trusting God and happiness that comes as a result of pleasant circumstances. Inward joy is steady as long as we are trusting God while happiness is unpredictable. Inward joy is lasting, while happiness is temporary.

*But let all who take refuge in you rejoice; let them ever sing for joy, and spread your protection over them, that those who love your name may exult in you. - Psalm 5:11*

This verse speaks about taking refuge in God. When someone finds their safety in God and not in the world or any of its systems you can rejoice. Being rooted in God is the only place that cannot be shaken and this is reason to rejoice.

*Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. - Psalm 51:10-12*

Sin will take the joy of God from your heart. And this is easy to understand why. God is holy and cannot dwell in sin. If you are in a lifestyle of sin, then God is not there with you and cannot be your refuge. If he is not your refuge then you have built your safety and security on something with a shaky foundation and when the world shakes, it will shake you as well. Therefore, you won't have true joy if you are living in sin. This is why when you sin you have to ask God to create in you a clean heart and restore the joy of salvation... being safe in Him.