

Faith Fight Podcast - Humility

We know from the word of God that He resist the proud and gives grace to the humble. How can we know that we are living in humility and ready to receive Gods blessings? Humility is the ability to be without pride or arrogance and it's the main characteristic that Christians should have. Jesus is the best example of someone who humbly followed Gods plan for his life.

“But he gives us more grace. That is why Scripture says: “God opposes the proud but shows favor to the humble.” - James 4:6 NIV

Pride makes us self-centered and leads us to conclude that we deserve all we can see, touch, or imagine. It creates greedy appetites for far more than we need. We can be released from our self-centered desires by humbling ourselves before God and realizing that we need him more than anything else.

“Humble yourselves before the Lord, and he will lift you up.” - James 4:10 NIV

Humbling ourselves means recognizing that our worth comes from God alone. To be humble involves working in Gods power according to his guidance and with our own independent effort. As we do this God's power will enable us to have the results that He intends for us to have.

*But when you are invited, take the lowest place, so that when your host comes, he will say to you, ‘Friend, move up to a better place.’ Then you will be honored in the presence of all the other guests. For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.”
Luke 14:10-11 NIV*

How can we humble ourselves? Some people try to give the appearance of humility in order to manipulate others. Others think that humility means putting themselves down. Truly humble people compare themselves only with Christ, realize their sinfulness, and understand their limitations. On the other hand they also recognize their gifts and strengths and are willing to use them for as God directs them. Humility is not degradation, it's a realistic assessment and commitment to serve.

He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. - Micah 6:8 NIV

People have tried all kinds of ways to please God but God has made his wishes clear. He wants his people to be just, love kindness, and walk humbly with him. In your efforts to please God, examine these areas on a regular basis.

“He mocks proud mockers but shows favor to the humble and oppressed.” - Proverbs 3:34 NIV

There will come a time in our lives where we will all need God's favor and grace. What this verse is saying is to resist being a proud person and continue to walk in humility. At any moment we could be in a situation where we are being oppressed and need God's favor, and humility is the key to receiving this favor.

When pride comes, then comes disgrace, but with humility comes wisdom. - Proverbs 11:2 NIV

Pride says "Look what I did and look at me and all I've accomplished" When you have that attitude and forget that it is God's grace and favor that has caused you to get the results that you have, all God needs to do is step away but for a moment and allow failure to come. Just enough to remind you to remain humble and acknowledge that it's His grace and favor that causes you to succeed and not you alone.

He guides the humble in what is right and teaches them his way - Psalms 25:9 NIV

We are surrounded with all types of media and advertisements telling us what to buy, what to do or what we should think. If you find yourself being pulled in several different directions, remember that God teaches the humble His ways.

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. - Philippians 2:3-4 NIV

Selfishness can ruin a church. But a genuine humility can build it. Being humble involves having a true perspective about ourselves. It does not mean that we should put ourselves down. We are to lay aside selfishness and treat others with respect and common courtesy. Also, when we consider others' interests more important than our own then we are more like Christ's character.

Before a downfall the heart is haughty, but humility comes before honor. - Proverbs 18:12 NIV

This is a warning that just before your heart starts to get proud, you need to stop, back up and remember that God is holding everything concerning you together. When you do this you will remain in an attitude of humility towards God, acknowledging that it's all Him and not yourself.

Weekly Prayer Plan – Humility

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: **Luke 14:1-14**

Tuesday: **Micah 6:8**

Wednesday: **James 4**

Thursday: **Proverbs 11**

Friday: **Psalms 25**

Saturday: **Philippians 2**

Sunday: **Proverbs 18**

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.