

Faith Fight Podcast - Bible Verses to Remove Your Fear of the Coronavirus

If you are listening to this episode at the time that I am releasing it (March 2020) the talk of Corona virus has taken over the talk on the news and social media and just about everywhere else. We've seen the impact that it has had on society so far. You can look at the stock market, all levels of education, professional sports leagues, events etc. have all suspended their activities or cancelled them out right. BUT!!! As children of God we don't need to be fearful of this pandemic. We need to remember what the Word of God says and stand on His promises. So this episode we will go over what the bible says that you can protect yourself from this Coronavirus.

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. - 2 Timothy 1:7

In this verse I want to focus in on the "self-discipline" part of this verse. As Christians we have to do the spiritual part, pray and believe for Gods divine protection over us, however, we also can be self-disciplined and do the practical by washing our hands and using things like hand sanitizers.

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. - Isaiah 41:10

I believe that the main reason why this is in the news as much as it is, is because people are responding out of fear. Do not allow fear to cause you to make bad decisions. Know that God will uphold you with His right hand.

Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father. - Philippians 2:9-11

The name of Jesus is higher than any other name in all the universe including Coronavirus. When praying for your family, friends and yourself declare that the coronavirus has to bow and submit to the name of Jesus our Lord.

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. - Psalm 23:4

This verse give us comfort that as we go through our daily lives, we know that we have a saviour that is walking with us to comfort us and help us along the way. Pray this for yourself every morning and expect to feel Gods presence with you through every dark valley.

*“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” - **John 16:33***

With these words Jesus told his disciples to have courage in spite of the inevitable struggles they would face. Jesus does not abandon us in our struggles. We need to remind ourselves that the ultimate victory has already been won and we can claim the peace of Christ in the most troublesome times.

*When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. – **Isaiah 43:1-2 ESV***

Going through rivers of difficulty will either cause you to drown or force you to grow stronger. If you go in your own strength, you are likely to drown. If you invite the lord to go with you, he will protect you.

*Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. - **James 1:2-4***

The point here is not to pretend to enjoy or feel happy when you go through pains or tough times, but to have a positive outlook on the situation. Tough times can teach us perseverance and cause us to mature in many areas of our lives.

*Though a thousand fall at your side, though ten thousand are dying around you, these evils will not touch you. Just open your eyes, and see how the wicked are punished. If you make the Lord your refuge, if you make the Most High your shelter, no evil will conquer you; no plague will come near your home. - **Psalms 91:7-10***

You may be hearing all the people that are getting sick because of Coronavirus, but what you can do is pray these verses and declare that God will watch over you. You may see thousands getting sick around you but declare that this plague will not come near your home.

Weekly Prayer Plan - <<TITLE>>

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The

below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION** Joshua 1:8 “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: 2 Timothy 1:7

Tuesday: Isaiah 41:10

Wednesday: Philippians 2:9-11

Thursday: Psalm 23

Friday: Isaiah 43:1-2 ESV

Saturday: James 1:2-4

Sunday: Psalms 91

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

- 6. PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.