

Faith Fight Podcast - Abundant Life in Jesus

Last week I spoke about how to Not to be a slave to sin. This week I'm talking about the Abundant life that is found in Jesus. A result of not living in sin is enjoying the abundant life that Jesus gives us. This episode I'm going to share some of those benefits with you so that you to encourage you to continue to peruse authentic fellowship with Jesus. Lets get started.

"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work." - 2 Corinthians 9:7-8 NIV

Some people may hesitate to give generously to God if they worry about not having enough left over to meet their own needs. One of the benefits of living an abundant life in Jesus is that God is able to meet your needs and is looking at your heart more that the amount that you give.

"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us," - Ephesians 3:20 NIV

One of the things that this verse tries to communicate is how limitless God is. Whatever your need is or whatever prayer request you can have, just know that God's ability far exceeds the expectation of your request. But it's on us to have unwavering faith in God and to believe His word.

"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full." - John 10:10 NIV

In contrast to the thief who comes to take life, Jesus comes to give life. The life he gives right now is abundantly richer and fuller than the world. It is eternal but also begins immediately at salvation. Abundant life with Jesus is fuller because of his forgiveness, love, guidance, and fellowship with God.

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows." - James 1:17 NIV

Know that when God answers your prayers and blesses you with something, it's perfect and done In perfect love towards you. God always has good gifts for his children and this is something that you can look forward to as you walk with Jesus.

*“And my God will meet all your needs according to the riches of his glory in Christ Jesus. To our God and Father be glory for ever and ever. Amen.” - **Philippians 4:19-20 NIV***

We can trust God to always meet our needs. Whatever we need on earth he will always supply. The only thing that we must remember is the difference between our wants and our needs. We may not get all we want but we will have what we need.

*“If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.” - **1 John 1:6-7 NIV***

Confession is supposed to free us to enjoy fellowship with Christ. It should ease our consciences and lighten our cares. True confession also involves a commitment not to continue in sin. We should also pray for the strength to defeat temptation the next time we face it.

*“Because you are his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, “Abba, Father.” So you are no longer a slave, but God’s child; and since you are his child, God has made you also an heir.” - **Galatians 4:6-7 NIV***

Under Roman law, an adopted child was guaranteed all legal rights to his father’s property. He wasn’t considered a second class citizen but was equal to all his other sons.

*“The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” The Spirit himself testifies with our spirit that we are God’s children.” - **Romans 8:15-16 NIV***

In these verses Paul uses adoption or sonship to illustrate the believers new relationship with God. When a person becomes a Christian he or she gains all the privileges and responsibilities of a child in God’s family. This is part of the abundant life we have in Jesus.

*“The Spirit himself testifies with our spirit that we are God’s children. Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.” - **Romans 8:16-17 NIV***

As we live our lives, we will not only have happy times. Trouble and suffering may happen to us as we go through each day. This verse reminds us that trouble doesn’t last forever and there will be glory that will be revealed.

Weekly Prayer Plan – Abundant Life in Jesus

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

4. **PERSONAL PETITIONS** Matt 6:11 “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Ephesians 3:21-21

Tuesday: 2 Corinthians 9:6-15

Wednesday: John 10:1-18

Thursday: Philippians 4:10-20

Friday: Romans 8:15-17

Saturday: Galatians 4:1-7

Sunday: 1 John 1:5-10

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.