

Faith Fight Podcast Episode 3 - Believing for Healing

You may require healing for yourself or a family member. The Good news is that through our the bible we see that Jesus healed many people. It is possible. You only need to believe. I pray as a result of this episode that your faith will be encouraged and strengthened. That you will believe that God will heal you or the person that you are praying for. Listen to this episode over and over again to bury these verses in your heart so that the word will come to pass and bring healing and restoration.

1.

*Hearing this, Jesus said to Jairus, "Don't be afraid; just believe, and she will be healed."
Luke 8:50*

Fear and doubt will limit the ability for your to be healed. Faith unlocks Gods power.

2.

*He heals the brokenhearted and binds up their wounds.
Psalm 147:3*

If you need healing in your heart, God is able to heal every hurt that you have in your heart. If you are recovering from surgery and or have wounds God is able to comfort you and heal your wounds.

3.

"Go," said Jesus, "your faith has healed you." Immediately he received his sight and followed Jesus along the road. Mark 10:52

Again faith is responsible for healing in of someone who did not have sight. It's amazing to see this because the person had faith even though they did not see Jesus.

4.

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:16

If you have unconfessed sin in your heart it is a blessing blocker and will hinder Gods ability to work in your life. Confess and repent of your sins to God.

5.

Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. James 5:14-15

If you are sick, it is not Gods will for you to isolate yourself. Call the elders of your church so that they who are strong can stand with you in pray and present your request for healing to God. The devil wants you to be isolated. There is power in unity and agreement.

6.

“He himself bore our sins” in his body on the cross, so that we might die to sins and live for righteousness; “by his wounds you have been healed.” 1 Peter 2:24

Don't allow the devil to trick you into thinking that your sickness is a result of your sin and that you deserve to remain in your situation. Jesus died on the cross for us and through Him we are healed and delivered from all things. God is able to heal you and wipe clean every accusation that the devil can try to bring against you.

7.

The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free. Luke 4:18

Part of the mission that Jesus came to earth to do is to give sight to the blind (both literally and spiritually) and set the oppressed free. Part of that oppression included freedom from sickness and disease. Everything from a common cold to the most serious health condition that you can think of. Jesus is able to heal you.

Weekly Prayer Plan – Healing

How to Use this Template:

Download and save this document to begin using at the beginning (Monday) of every week. Every Week will have different bible verses to meditate on based on the Faith Fight Podcast episode topic for that week. Determine the time and place that you will devote to prayer. The below structure is set for one hour and is only used as a guide. You can adjust your timing if necessary.

Time: _____

Place: _____

5 min – Drawing Near To God

5 min – Confession

10 min – God-Centered Petitions

10 min – Intercessory Prayer

10 min – Personal Petitions

15 min – Meditation

5 min – Praise, Thanksgiving & Closing

1. **DRAWING NEAR TO GOD** - Matt. 6:9 “This, then, is how you should pray: “Our Father in heaven, hallowed be your name”

God the Father is the focus of all our prayers. We should never forget what a privilege it is to bend our knees on earth and reach almighty God in heaven.

Psalm 95:6 - Come, let us worship and bow down, Let us kneel before the LORD our Maker.

Isaiah 6:3 - And one called out to another and said, "Holy, Holy, Holy, is the LORD of hosts, The whole earth is full of His glory."

Psalm 84:1-2 - How lovely are Your dwelling places, O LORD of hosts! My soul longed and even yearned for the courts of the LORD; My heart and my flesh sing for joy to the living God.

2. **CONFESSION** - Matt. 6:12 “Forgive us our sins as we forgive those who sin against us”

When we repent and forgive others, we maintain fellowship with God. But if we hold grudges, that fellowship is broken. God loves to answer our prayers when the lines of communication are not disrupted.

Psalm 51:1-2 - Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin.

1 John 1:9 - If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Acts 3:19 - Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

James 4:8 - Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

3. **GOD CENTERED PETITIONS** Matt 6:10 “Your kingdom come. Your will be done, On earth as it is in heaven.”

Prayer should reflect a desire to align ourselves with God’s goals and purposes, not to get Him to follow our plans.

Job 22:21 - “Submit to God and be at peace with him; in this way prosperity will come to you.

Psalm 40:8 - I delight to do Your will, O my God; Your Law is within my heart."

Romans 12:1-2 - Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

4. **PERSONAL PETITIONS Matt 6:11** “Give us today our daily bread.”

We are dependent upon the Lord for our needs and He wants us to come to Him with our requests.

Matt 7:7-8 - Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. ⁸ For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

Matt 6:8 - Do not be like them, **for your Father knows what you need before you ask him.**

James 4:2 - You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God.

5. **MEDITATION Joshua 1:8** “Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.”

Meditation is thinking about the word of God to understand what it means in the context of the scripture and how it can apply to your life today. The Word of God is powerful enough to still be relevant in your life today even though it was written thousands of years ago.

Read through the scripture passages for today as listed below:

Meditational Verses

Monday: Luke 8:40-56

Tuesday: James 5:14-16

Wednesday: Luke 7:1-10

Thursday: Mark 10:46-52

Friday: 1 Peter 2:24

Saturday: Luke 7:11-17

Sunday: John 4:43-54

Once you have read the scripture for today, write down your answer to the questions below or any other insight/revelation that you receive in your prayer journal.

1. Is there a promise to claim?
2. Is there a lesson to learn?
3. Is there a blessing to enjoy?
4. Is there a command to obey?
5. Is there a sin to avoid?
6. Is there a new thought to carry with me?

6. **PRAISE & THANKSGIVING 1 John 5:14-15** “This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—

whatever we ask—we know that we have what we asked of him.”

We can end our prayer time with confidence that God has heard our prayer and will answer in His perfect timing. Demonstrate your faith in Him by showing thanks before you see the answer to your prayers.

Psalm 136:1 - Give thanks to the Lord, for he is good, for his steadfast love endures forever.

Philippians 4:6-7 - Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Psalm 103:1-5 - Praise the Lord, my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits— who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle’s.